



Copeland ASC 25th Anniversary Gala

(Under ASA Laws & ASA Technical Rules)

Saturday 15th January 2011

Licensed Meet - No. 2NW1054

EVENT 1 Girls 09 Yrs/Over 50m Freestyle

09 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Anna Broadbent	15	Cockermouth	28.78
2.	Anna Newlands	12	Copeland	28.82
3.	Amy Richardson	16	Co Carlisle	29.46
4.	Becky Walley	14	Copeland	29.68
5.	Olivia Williams	13	Troutbeck Br	30.44
6.	Rebecca Clark	12	Cockermouth	30.62
7.	Laura Marr	14	Copeland	31.17
8.	Amy Richardson	13	Troutbeck Br	31.28
9.	Shannon Mossop	15	Copeland	31.33
10.	Courtney Watson	14	Cockermouth	31.41
11.	Chelsea Atkinson	12	Cockermouth	31.45
12.	Amie Ivison	12	Workington	32.80
13.	Connie Bowman	12	Co Carlisle	32.86
14.	Eve White	11	Co Carlisle	33.03
15.	Isabel Postlethwaite	11	Cockermouth	33.23
16.	Caitlin Wren	12	Barrow	33.35
17.	Zara McKnight	11	Co Carlisle	33.40
18.	Laura Davison	10	Co Carlisle	33.50
19.	Sophie Little	11	Workington	33.52
20.	Lucy-Jane Wilson	12	Carlisle WP	33.61
21.	Chloe Carr	12	Copeland	33.69
22.	Emily Reay	10	Troutbeck Br	33.73
23.	Lauren Coulson	11	Cockermouth	33.76
24.	Bethany Clark	13	Co Carlisle	34.01
25.	Rachael Vatter	13	Cockermouth	34.28
26.	Phoebe Wilson	11	Co Carlisle	34.30
27.	Lois Carhart	11	Copeland	34.33
28.	Rebecca Lightowler	13	Carlisle WP	34.57
29.	Amy Reay	12	Troutbeck Br	34.94
30.	Lauren Cooley	9	Cockermouth	34.99
31.	Elinor Southward	9	Copeland	35.09
32.	Sarah Lightowler	11	Carlisle WP	35.24
33.	Annabelle McBratney	11	Barrow	35.33
34.	Abbie Wild	11	Troutbeck Br	36.14
35.	Sophie Dodd	10	Co Carlisle	36.15
36.	Samantha Kellett	11	Copeland	36.18
37.	Hannah Messenger	11	Co Carlisle	36.66
38.	Lucy Bradbury	11	Troutbeck Br	36.88
39.	Charlotte Stamper	10	Copeland	37.62
40.	Jasmin Pritt	10	Workington	38.62
41.	Alyshia Gill	10	Co Carlisle	38.79
42.	Alex Messenger	10	Copeland	40.31
43.	Samantha Clark	9	Co Carlisle	44.71

09 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Lauren Cooley	9	Cockermouth	34.99
2.	Elinor Southward	9	Copeland	35.09
3.	Samantha Clark	9	Co Carlisle	44.71

10 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Laura Davison	10	Co Carlisle	33.50
2.	Emily Reay	10	Troutbeck Br	33.73
3.	Sophie Dodd	10	Co Carlisle	36.15
4.	Charlotte Stamper	10	Copeland	37.62
5.	Jasmin Pritt	10	Workington	38.62
6.	Alyshia Gill	10	Co Carlisle	38.79
7.	Alex Messenger	10	Copeland	40.31

11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Eve White	11	Co Carlisle	33.03
2.	Isabel Postlethwaite	11	Cockermouth	33.23
3.	Zara McKnight	11	Co Carlisle	33.40
4.	Sophie Little	11	Workington	33.52
5.	Lauren Coulson	11	Cockermouth	33.76
6.	Phoebe Wilson	11	Co Carlisle	34.30
7.	Lois Carhart	11	Copeland	34.33
8.	Sarah Lightowler	11	Carlisle WP	35.24
9.	Annabelle McBratney	11	Barrow	35.33
10.	Abbie Wild	11	Troutbeck Br	36.14
11.	Samantha Kellett	11	Copeland	36.18
12.	Hannah Messenger	11	Co Carlisle	36.66
13.	Lucy Bradbury	11	Troutbeck Br	36.88

12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Anna Newlands	12	Copeland	28.82
2.	Rebecca Clark	12	Cockermouth	30.62
3.	Chelsea Atkinson	12	Cockermouth	31.45
4.	Amie Ivison	12	Workington	32.80
5.	Connie Bowman	12	Co Carlisle	32.86



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6. Caitlin Wren	12 Barrow	33.35
7. Lucy-Jane Wilson	12 Carlisle WP	33.61
8. Chloe Carr	12 Copeland	33.69
9. Amy Reay	12 Troutbeck Br	34.94

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Olivia Williams	13	Troutbeck Br	30.44
2.	Amy Richardson	13	Troutbeck Br	31.28
3.	Bethany Clark	13	Co Carlisle	34.01
4.	Rachael Vatter	13	Cockermouth	34.28
5.	Rebecca Lightowler	13	Carlisle WP	34.57

14 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Anna Broadbent	15	Cockermouth	28.78
2.	Amy Richardson	16	Co Carlisle	29.46
3.	Becky Walley	14	Copeland	29.68
4.	Laura Marr	14	Copeland	31.17
5.	Shannon Mossop	15	Copeland	31.33
6.	Courtney Watson	14	Cockermouth	31.41

EVENT 2 Boys 11 Yrs/Over 100m Freestyle

Full Results

Place	Name	AaD	Club	Time	50
1.	Jack Barker	15	Co Carlisle	58.31	27.39
2.	Haydn Birkett	15	Cockermouth	59.49	28.67
3.	Oliver Smith	14	Cockermouth	59.50	28.18
4.	Sam Routledge	14	Carlisle WP	59.62	28.40
5.	Andrew Coulthard	26	Cockermouth	59.82	28.28
6.	Scott Bailey	14	Copeland	1:00.26	28.34
7.	Ryan Wilkie	16	Carlisle WP	1:01.15	28.53
8.	Luke Greenbank	13	Cockermouth	1:01.49	29.68
9.	Alistair Campbell	14	Co Carlisle	1:02.24	30.23
10.	Andrew Mullins	12	Co Carlisle	1:03.43	30.14
11.	Andrew Robinson	14	Carlisle WP	1:03.88	30.60
12.	Richard Stamper	13	Copeland	1:05.04	30.79
13.	Christian Balmer	13	Cockermouth	1:06.50	31.66
14.	Jack Lee	15	Co Carlisle	1:06.75	31.54
15.	Elliot Routledge	12	Workington	1:07.23	32.07
16.	Ben Leighton	12	Co Carlisle	1:08.22	32.17
17.	Jordan Cooley	11	Cockermouth	1:09.23	32.99
18.	Edward Baxter	12	Cockermouth	1:11.18	34.11
19.	Ben Carhart	13	Copeland	1:11.92	34.28
20.	Owen Walker	12	Carlisle WP	1:13.21	34.96
21.	Benjamin Cornwall	12	Co Carlisle	1:14.28	35.04
22.	Josh Russell	12	Co Carlisle	1:17.17	36.85
23.	Daniel Rhys Armstrong	11	Troutbeck Br	1:17.61	35.93
24.	Keiran Watson	11	Cockermouth	1:17.95	37.06

EVENT 3 Girls 09 Yrs/Over 200m Butterfly

09 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Anna Newlands	12	Copeland	2:28.58	33.48	1:10.88	1:49.97
2.	Lucy McKenzie	13	Cockermouth	2:36.68	33.77	1:13.46	1:55.12
3.	Amy Richardson	16	Co Carlisle	2:42.26	34.49	1:15.31	1:58.93
4.	Amie Ivison	12	Workington	3:02.82	40.00	1:26.77	2:15.65
5.	Amy Richardson	13	Troutbeck Br	3:05.15	37.88	1:24.26	2:13.34
6.	Laura Davison	10	Co Carlisle	3:05.86	40.05	1:27.64	2:18.60
7.	Jordan Brooks	12	Barrow	3:15.60	42.58	1:33.51	2:24.65
8.	Eve White	11	Co Carlisle	3:19.11	43.45	1:32.49	2:27.64
9.	Elinor Southward	9	Copeland	3:52.41	45.14	1:45.78	2:51.57

09 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Elinor Southward	9	Copeland	3:52.41	45.14	1:45.78	2:51.57

10 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Laura Davison	10	Co Carlisle	3:05.86	40.05	1:27.64	2:18.60

11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Eve White	11	Co Carlisle	3:19.11	43.45	1:32.49	2:27.64

12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Anna Newlands	12	Copeland	2:28.58	33.48	1:10.88	1:49.97
2.	Amie Ivison	12	Workington	3:02.82	40.00	1:26.77	2:15.65
3.	Jordan Brooks	12	Barrow	3:15.60	42.58	1:33.51	2:24.65

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Lucy McKenzie	13	Cockermouth	2:36.68	33.77	1:13.46	1:55.12
2.	Amy Richardson	13	Troutbeck Br	3:05.15	37.88	1:24.26	2:13.34

14 Yrs/Over Age Group - Full Results



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Place	Name	AaD	Club	Time	50	100	150
1.	Amy Richardson	16	Co Carlisle	2:42.26	34.49	1:15.31	1:58.93

EVENT 4 Boys 09 Yrs/Over 100m IM

Full Results

Place	Name	AaD	Club	Time
1.	Jack Barker	15	Co Carlisle	1:04.41
2.	Thomas Millburn	13	Cockermouth	1:06.78
3.	Andrew Coulthard	26	Cockermouth	1:07.38
4.	Oliver Smith	14	Cockermouth	1:09.19
5.	Haydn Birkett	15	Cockermouth	1:11.26
6.	Ryan Wilkie	16	Carlisle WP	1:11.28
7.	Scott Bailey	14	Copeland	1:11.55
8.	Alistair Campbell	14	Co Carlisle	1:11.97
9.	Sam Routledge	14	Carlisle WP	1:13.27
10.	Charles McSkeane	12	Cockermouth	1:13.98
11.	Andrew Robinson	14	Carlisle WP	1:15.03
12.	Richard Stamper	13	Copeland	1:16.00
13.	Andrew Mullins	12	Co Carlisle	1:16.15
14.	Elliot Routledge	12	Workington	1:17.69
15.	Edward Baxter	12	Cockermouth	1:21.04
16.	Jordan Cooley	11	Cockermouth	1:24.88
17.	Benjamin Cornwall	12	Co Carlisle	1:25.03
18.	Owen Walker	12	Carlisle WP	1:25.30
19.	Ben Carhart	13	Copeland	1:25.57
20.	Daniel Cooper	10	Workington	1:26.89
21.	Robert McSkeane	10	Co Carlisle	1:28.02
22.	Connor Joyce	10	Workington	1:28.14
23.	Josh Russell	12	Co Carlisle	1:28.60
24.	Daniel Rhys Armstrong	11	Troutbeck Br	1:29.68
25.	Ben Gilmore	10	Cockermouth	1:31.19
26.	Isaac Hinde	9	Copeland	1:31.77
27.	Nathan Watson	10	Workington	1:32.13
28.	Josh Millburn	10	Cockermouth	1:33.18
29.	Luke Ivison	9	Workington	1:34.91
30.	Alastair Thomas	10	Cockermouth	1:35.10
31.	Keiran Watson	11	Cockermouth	1:36.22
32.	Matthew Allen	9	Cockermouth	1:36.43
33.	Jack Kellet	9	Copeland	1:38.38
34.	Adam Greenbank	11	Cockermouth	1:40.22
35.	Nathan Harmon	9	Carlisle WP	1:40.86
	Ben Leighton	12	Co Carlisle	DNC
	Adam Metcalfe	9	Copeland	DQ T-2L

EVENT 5 Girls 10 Yrs/Over 100m Backstroke

Full Results

Place	Name	AaD	Club	Time	50
1.	Anna Broadbent	15	Cockermouth	1:08.99	33.53
2.	Rebecca Clark	12	Cockermouth	1:10.09	33.58
3.	Grace Newlands	16	Copeland	1:11.63	34.61
4.	Amy Richardson	16	Co Carlisle	1:12.24	35.45
5.	Anna Newlands	12	Copeland	1:13.01	35.07
6.	Olivia Williams	13	Troutbeck Br	1:16.48	36.53
7.	Emily Wild	13	Troutbeck Br	1:17.09	36.44
8.	Laura Garrick	14	Troutbeck Br	1:17.36	38.41
9.	Becky Walley	14	Copeland	1:17.38	36.52
10.	Laura Marr	14	Copeland	1:20.37	38.88
11.	Zara McKnight	11	Co Carlisle	1:20.68	39.26
12.	Chelsea Atkinson	12	Cockermouth	1:21.21	39.00
13.	Chloe Carr	12	Copeland	1:21.68	39.79
14.	Caitlin Wren	12	Barrow	1:21.73	39.60
15.	Lauren Coulson	11	Cockermouth	1:22.71	40.40
16.	Sophie Little	11	Workington	1:22.73	40.73
17.	Rebecca McMinn	11	Workington	1:22.75	40.36
18.	Isabel Postlethwaite	11	Cockermouth	1:22.97	39.98
19.	Bethany Clark	13	Co Carlisle	1:23.70	40.40
20.	Lucy-Jane Wilson	12	Carlisle WP	1:25.56	41.20
21.	Rachael Vatter	13	Cockermouth	1:25.57	41.54
22.	Amie Ivison	12	Workington	1:26.03	42.05
23.	Connie Bowman	12	Co Carlisle	1:26.11	41.65
24.	Sophie Dodd	10	Co Carlisle	1:27.85	43.48
25.	Laura Davison	10	Co Carlisle	1:27.88	43.35
26.	Phoebe Wilson	11	Co Carlisle	1:28.57	43.22
27.	Sarah Lightowler	11	Carlisle WP	1:28.60	43.79
28.	Samantha Kellett	11	Copeland	1:29.13	42.45
29.	Annabelle McBratney	11	Barrow	1:29.25	44.07
30.	Hannah Messenger	11	Co Carlisle	1:30.21	44.56
31.	Lucy Bradbury	11	Troutbeck Br	1:31.16	44.36
32.	Emily Reay	10	Troutbeck Br	1:32.95	44.74
33.	Jasmin Pritt	10	Workington	1:33.83	44.79
34.	Charlotte Stamper	10	Copeland	1:36.63	46.72
35.	Alyshia Gill	10	Co Carlisle	1:42.25	49.34



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EVENT 6 Boys 09 Yrs/Over 200m Freestyle

09 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Thomas Millburn	13	Cockermouth	2:07.97	28.88	1:01.52	1:35.35
2.	Sam Routledge	14	Carlisle WP	2:11.75	30.68	1:04.47	1:38.48
3.	Ryan Wilkie	16	Carlisle WP	2:17.90	30.37	1:05.68	1:43.36
4.	Scott Bailey	14	Copeland	2:18.03	30.60	1:05.38	1:42.04
5.	Andrew Robinson	14	Carlisle WP	2:20.94	32.05	1:08.39	1:45.81
6.	Christian Balmer	13	Cockermouth	2:22.15	32.97	1:09.24	1:46.26
7.	Elliot Routledge	12	Workington	2:25.46	33.98	1:11.08	1:49.14
8.	Richard Stamper	13	Copeland	2:26.46	33.63	1:11.45	1:50.00
9.	Jack Lee	15	Co Carlisle	2:27.59	32.72	1:09.98	1:49.01
10.	Jordan Cooley	11	Cockermouth	2:35.28	34.95	1:15.21	1:56.39
11.	Ben Carhart	13	Copeland	2:38.72	36.28	1:16.99	1:59.15
12.	Edward Baxter	12	Cockermouth	2:41.17	37.58	1:19.71	2:02.09
13.	Owen Walker	12	Carlisle WP	2:41.34	36.45	1:17.04	1:59.37
14.	Daniel Cooper	10	Workington	2:42.24	35.97	1:17.46	2:00.80
15.	Isaac Hinde	9	Copeland	2:45.02	37.47	1:20.29	2:05.07
16.	Benjamin Cornwall	12	Co Carlisle	2:49.79	37.18	1:20.77	2:05.63
17.	Josh Russell	12	Co Carlisle	2:50.06	38.20	1:21.52	2:06.74
18.	Ben Gilmore	10	Cockermouth	2:50.72	38.97	1:22.96	2:08.18
19.	Connor Joyce	10	Workington	2:52.63	36.88	1:22.68	2:08.74
20.	Robert McSkeane	10	Co Carlisle	2:53.09	38.14	1:24.14	2:10.51
21.	Luke Ivison	9	Workington	2:54.81	39.42	1:24.06	2:10.09
22.	Mason Minnican	10	Ulverston	2:57.14	40.30	1:26.57	2:13.52
23.	Josh Millburn	10	Cockermouth	3:02.67	41.29	1:29.63	2:17.63
24.	Alastair Thomas	10	Cockermouth	3:05.51	41.30	1:28.59	2:18.59
25.	Jack Kellet	9	Copeland	3:08.17	41.88	1:30.39	2:19.60
26.	Adam Metcalfe	9	Copeland	3:08.55	41.02	1:28.85	2:19.54
27.	Adam Greenbank	11	Cockermouth	3:10.74	42.27	1:30.55	2:20.51
28.	Nathan Harmon	9	Carlisle WP	3:20.94	43.74	1:34.21	2:29.55
	Ben Leighton	12	Co Carlisle	DNC			
	Andrew Mullins	12	Co Carlisle	DNC			
	Alistair Campbell	14	Co Carlisle	DNC			
	Jack Barker	15	Co Carlisle	DNC			
	Keiran Watson	11	Cockermouth	DNF			

09 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Isaac Hinde	9	Copeland	2:45.02	37.47	1:20.29	2:05.07
2.	Luke Ivison	9	Workington	2:54.81	39.42	1:24.06	2:10.09
3.	Jack Kellet	9	Copeland	3:08.17	41.88	1:30.39	2:19.60
4.	Adam Metcalfe	9	Copeland	3:08.55	41.02	1:28.85	2:19.54
5.	Nathan Harmon	9	Carlisle WP	3:20.94	43.74	1:34.21	2:29.55

10 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Daniel Cooper	10	Workington	2:42.24	35.97	1:17.46	2:00.80
2.	Ben Gilmore	10	Cockermouth	2:50.72	38.97	1:22.96	2:08.18
3.	Connor Joyce	10	Workington	2:52.63	36.88	1:22.68	2:08.74
4.	Robert McSkeane	10	Co Carlisle	2:53.09	38.14	1:24.14	2:10.51
5.	Mason Minnican	10	Ulverston	2:57.14	40.30	1:26.57	2:13.52
6.	Josh Millburn	10	Cockermouth	3:02.67	41.29	1:29.63	2:17.63
7.	Alastair Thomas	10	Cockermouth	3:05.51	41.30	1:28.59	2:18.59

11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Jordan Cooley	11	Cockermouth	2:35.28	34.95	1:15.21	1:56.39
2.	Adam Greenbank	11	Cockermouth	3:10.74	42.27	1:30.55	2:20.51
	Keiran Watson	11	Cockermouth	DNF			

12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Elliot Routledge	12	Workington	2:25.46	33.98	1:11.08	1:49.14
2.	Edward Baxter	12	Cockermouth	2:41.17	37.58	1:19.71	2:02.09
3.	Owen Walker	12	Carlisle WP	2:41.34	36.45	1:17.04	1:59.37
4.	Benjamin Cornwall	12	Co Carlisle	2:49.79	37.18	1:20.77	2:05.63
5.	Josh Russell	12	Co Carlisle	2:50.06	38.20	1:21.52	2:06.74
	Ben Leighton	12	Co Carlisle	DNC			
	Andrew Mullins	12	Co Carlisle	DNC			

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Thomas Millburn	13	Cockermouth	2:07.97	28.88	1:01.52	1:35.35
2.	Christian Balmer	13	Cockermouth	2:22.15	32.97	1:09.24	1:46.26
3.	Richard Stamper	13	Copeland	2:26.46	33.63	1:11.45	1:50.00
4.	Ben Carhart	13	Copeland	2:38.72	36.28	1:16.99	1:59.15

14 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Sam Routledge	14	Carlisle WP	2:11.75	30.68	1:04.47	1:38.48
2.	Ryan Wilkie	16	Carlisle WP	2:17.90	30.37	1:05.68	1:43.36
3.	Scott Bailey	14	Copeland	2:18.03	30.60	1:05.38	1:42.04
4.	Andrew Robinson	14	Carlisle WP	2:20.94	32.05	1:08.39	1:45.81
5.	Jack Lee	15	Co Carlisle	2:27.59	32.72	1:09.98	1:49.01
	Alistair Campbell	14	Co Carlisle	DNC			
	Jack Barker	15	Co Carlisle	DNC			



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EVENT 7 Mixed 9 Yrs/Over 200m Medley Team

Full Results

Place	Name	Time	50	100	150
1.	Cockermouth D	2:13.52	33.37	1:10.43	1:43.65
2.	Cockermouth A	2:15.47	30.61	1:12.47	1:42.92
3.	Copeland F	2:15.89	35.53	1:13.09	1:45.84
4.	Cockermouth B	2:21.26	32.36	1:11.96	1:46.84
5.	City of Carlisle D	2:22.11	34.87	1:14.52	1:50.08
6.	City of Carlisle A	2:22.51	30.99	1:08.26	1:44.30
7.	Cockermouth E	2:22.74	32.35	1:16.20	1:48.08
8.	Carlisle Water Polo C	2:25.86	35.75	1:18.21	1:49.35
9.	Cockermouth F	2:26.16	40.00	1:15.59	1:59.54
10.	Cockermouth G	2:31.08	38.56	1:16.38	1:58.17
11.	Troutbeck Bridge A	2:31.88	-	-	-
12.	Copeland E	2:31.92	38.83	1:17.99	1:58.93
13.	City of Carlisle C	2:32.21	31.82	1:18.86	1:56.05
14.	Carlisle Water Polo A	2:33.52	42.29	1:18.88	2:03.33
15.	Cockermouth C	2:33.69	40.62	1:20.14	2:01.86
16.	City of Carlisle B	2:36.91	36.42	1:22.49	2:00.92
17.	Copeland C	2:37.79	43.67	1:22.91	2:07.45
18.	Carlisle Water Polo B	2:40.37	39.50	1:22.26	2:03.99
19.	City of Carlisle E	2:44.32	-	-	-
20.	Copeland D	2:46.88	-	-	-
21.	Copeland B	2:47.04	53.25	1:26.80	2:05.22
22.	Copeland A	2:53.16	-	-	-
	Troutbeck Bridge B	DNC	-	-	-

EVENT 8 SEMI FINAL OF EVENT 4 Boys 09 Yrs/Over 100m IM

Full Results

Place	Name	AaD	Club	Time
1.	Jack Barker	15	Co Carlisle	1:08.82
2.	Haydn Birkett	15	Cockermouth	1:09.70
3.	Sam Routledge	14	Carlisle WP	1:09.94
4.	Thomas Millburn	13	Cockermouth	1:10.11
5.	Oliver Smith	14	Cockermouth	1:10.84
6.	Andrew Coulthard	26	Cockermouth	1:11.31
7.	Ryan Wilkie	16	Carlisle WP	1:12.42
8.	Charles McSkeane	12	Cockermouth	1:15.15
9.	Richard Stamper	13	Copeland	1:16.10
10.	Alistair Campbell	14	Co Carlisle	1:16.28
11.	Scott Bailey	14	Copeland	1:18.50
12.	Andrew Robinson	14	Carlisle WP	1:22.74

EVENT 9 SEMI FINAL OF EVENT 5 Girls 10 Yrs/Over 100m Backstroke

Full Results

Place	Name	AaD	Club	Time	50
1.	Anna Broadbent	15	Cockermouth	1:09.78	33.86
2.	Rebecca Clark	12	Cockermouth	1:10.19	34.35
3.	Amy Richardson	16	Co Carlisle	1:13.11	35.21
4.	Grace Newlands	16	Copeland	1:14.32	35.87
5.	Olivia Williams	13	Troutbeck Br	1:16.61	36.59
6.	Emily Wild	13	Troutbeck Br	1:18.04	37.85
7.	Laura Garrick	14	Troutbeck Br	1:18.93	38.87
8.	Anna Newlands	12	Copeland	1:18.96	38.27
9.	Laura Marr	14	Copeland	1:21.37	39.46
10.	Chelsea Atkinson	12	Cockermouth	1:23.10	40.56
11.	Becky Walley	14	Copeland	1:23.96	40.35
12.	Zara McKnight	11	Co Carlisle	1:24.52	41.71

EVENT 10 SEMI FINAL OF EVENT 2 Boys 11 Yrs/Over 100m Freestyle

Full Results

Place	Name	AaD	Club	Time	50
1.	Jack Barker	15	Co Carlisle	59.23	28.48
2.	Haydn Birkett	15	Cockermouth	1:00.81	29.43
3.	Andrew Coulthard	26	Cockermouth	1:00.86	28.62
4.	Sam Routledge	14	Carlisle WP	1:01.27	30.27
5.	Scott Bailey	14	Copeland	1:01.30	29.26
6.	Oliver Smith	14	Cockermouth	1:01.49	29.30
7.	Luke Greenbank	13	Cockermouth	1:01.63	30.02
8.	Ryan Wilkie	16	Carlisle WP	1:04.20	31.00
9.	Alistair Campbell	14	Co Carlisle	1:04.36	30.99
10.	Andrew Mullins	12	Co Carlisle	1:05.34	30.84
11.	Richard Stamper	13	Copeland	1:09.68	32.54
12.	Andrew Robinson	14	Carlisle WP	1:11.43	33.30



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EVENT 11 FINAL OF EVENT 3 Girls 09 Yrs/Over 200m Butterfly

Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Anna Newlands	12	Copeland	2:32.42	34.33	1:11.91	1:52.09
2.	Lucy McKenzie	13	Cockermouth	2:38.14	34.36	1:14.56	1:57.19
3.	Amy Richardson	16	Co Carlisle	2:48.13	35.30	1:17.71	2:03.27
4.	Amie Ivison	12	Workington	3:06.27	41.04	1:30.11	2:20.23
5.	Amy Richardson	13	Troutbeck Br	3:06.96	40.20	1:27.11	2:15.29
6.	Laura Davison	10	Co Carlisle	3:20.01	44.98	1:39.72	2:33.47

EVENT 12 FINAL OF EVENT 6 Boys 09 Yrs/Over 200m Freestyle

Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Thomas Millburn	13	Cockermouth	2:12.32	30.43	1:04.67	1:39.26
2.	Sam Routledge	14	Carlisle WP	2:13.12	31.24	1:06.11	1:41.28
3.	Ryan Wilkie	16	Carlisle WP	2:21.33	31.43	1:07.83	1:45.60
4.	Christian Balmer	13	Cockermouth	2:21.71	32.87	1:08.89	1:46.08
5.	Scott Bailey	14	Copeland	2:21.75	32.21	1:09.05	1:46.92
6.	Andrew Robinson	14	Carlisle WP	2:27.26	33.10	1:10.79	1:49.22

EVENT 13 FINAL OF EVENT 9 Girls 10 Yrs/Over 100m Backstroke

Full Results

Place	Name	AaD	Club	Time	50
1.	Anna Broadbent	15	Cockermouth	1:08.37	33.39
2.	Rebecca Clark	12	Cockermouth	1:11.27	35.13
3.	Grace Newlands	16	Copeland	1:12.18	35.72
4.	Amy Richardson	16	Co Carlisle	1:15.49	36.42
5.	Olivia Williams	13	Troutbeck Br	1:18.98	38.13
6.	Emily Wild	13	Troutbeck Br	1:19.59	38.54

EVENT 14 FINAL OF EVENT 8 Boys 09 Yrs/Over 100m IM

Full Results

Place	Name	AaD	Club	Time
1.	Jack Barker	15	Co Carlisle	1:06.78
2.	Oliver Smith	14	Cockermouth	1:08.90
3.	Thomas Millburn	13	Cockermouth	1:09.30
4.	Sam Routledge	14	Carlisle WP	1:13.61
5.	Haydn Birkett	15	Cockermouth	1:15.37
6.	Andrew Coulthard	26	Cockermouth	1:15.53

EVENT 15 FINAL OF EVENT 1 Girls 09 Yrs/Over 50m Freestyle

Full Results

Place	Name	AaD	Club	Time
1.	Anna Newlands	12	Copeland	29.60
2.	Anna Broadbent	15	Cockermouth	29.73
3.	Becky Walley	14	Copeland	29.76
4.	Amy Richardson	16	Co Carlisle	30.73
5.	Olivia Williams	13	Troutbeck Br	30.92
6.	Rebecca Clark	12	Cockermouth	34.77

EVENT 16 FINAL OF EVENT 10 Boys 11 Yrs/Over 100m Freestyle

Full Results

Place	Name	AaD	Club	Time	50
1.	Jack Barker	15	Co Carlisle	1:00.90	29.12
2.	Oliver Smith	14	Cockermouth	1:01.63	29.73
3.	Sam Routledge	14	Carlisle WP	1:02.35	30.15
4.	Scott Bailey	14	Copeland	1:05.82	31.21
5.	Andrew Coulthard	26	Cockermouth	1:06.87	30.92
6.	Haydn Birkett	15	Cockermouth	1:08.48	32.90

EVENT 17 Boys 09 Yrs/Over 50m Freestyle

09 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Jack Barker	15	Co Carlisle	25.81
2.	Andrew Coulthard	26	Cockermouth	26.79
3.	Sam Routledge	14	Carlisle WP	27.23
4.	Scott Bailey	14	Copeland	27.73
5.	Ryan Wilkie	16	Carlisle WP	28.22
6.	Alistair Campbell	14	Co Carlisle	28.42
7.	Andrew Robinson	14	Carlisle WP	28.79
8.	Charles McSkeane	12	Cockermouth	29.23
9.	Andrew Mullins	12	Co Carlisle	29.61



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10. Richard Stamper	13 Copeland	29.72
11. Elliot Routledge	12 Workington	30.86
12. Jack Lee	15 Co Carlisle	31.18
13. Jordan Cooley	11 Cockermouth	31.59
14. Owen Walker	12 Carlisle WP	32.50
15. Edward Baxter	12 Cockermouth	33.12
16. Daniel Rhys Armstrong	11 Troutbeck Br	33.82
17. Benjamin Cornwall	12 Co Carlisle	33.99
18. Daniel Cooper	10 Workington	34.42
19. Robert McSkeane	10 Co Carlisle	34.54
20. Josh Russell	12 Co Carlisle	35.25
21. Connor Joyce	10 Workington	35.62
22. Isaac Hinde	9 Copeland	35.79
23. Alastair Thomas	10 Cockermouth	36.02
24. Keiran Watson	11 Cockermouth	36.53
25. Nathan Watson	10 Workington	37.49
26. Adam Metcalfe	9 Copeland	37.87
27. Luke Ivison	9 Workington	37.94
28. Adam Greenbank	11 Cockermouth	38.77
29. Jack Kellet	9 Copeland	38.78
30. Nathan Harmon	9 Carlisle WP	40.90
Matthew Allen	9 Cockermouth	DNF

09 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Isaac Hinde	9	Copeland	35.79
2.	Adam Metcalfe	9	Copeland	37.87
3.	Luke Ivison	9	Workington	37.94
4.	Jack Kellet	9	Copeland	38.78
5.	Nathan Harmon	9	Carlisle WP	40.90
	Matthew Allen	9	Cockermouth	DNF

10 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Daniel Cooper	10	Workington	34.42
2.	Robert McSkeane	10	Co Carlisle	34.54
3.	Connor Joyce	10	Workington	35.62
4.	Alastair Thomas	10	Cockermouth	36.02
5.	Nathan Watson	10	Workington	37.49

11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Jordan Cooley	11	Cockermouth	31.59
2.	Daniel Rhys Armstrong	11	Troutbeck Br	33.82
3.	Keiran Watson	11	Cockermouth	36.53
4.	Adam Greenbank	11	Cockermouth	38.77

12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Charles McSkeane	12	Cockermouth	29.23
2.	Andrew Mullins	12	Co Carlisle	29.61
3.	Elliot Routledge	12	Workington	30.86
4.	Owen Walker	12	Carlisle WP	32.50
5.	Edward Baxter	12	Cockermouth	33.12
6.	Benjamin Cornwall	12	Co Carlisle	33.99
7.	Josh Russell	12	Co Carlisle	35.25

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Richard Stamper	13	Copeland	29.72

14 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time
1.	Jack Barker	15	Co Carlisle	25.81
2.	Andrew Coulthard	26	Cockermouth	26.79
3.	Sam Routledge	14	Carlisle WP	27.23
4.	Scott Bailey	14	Copeland	27.73
5.	Ryan Wilkie	16	Carlisle WP	28.22
6.	Alistair Campbell	14	Co Carlisle	28.42
7.	Andrew Robinson	14	Carlisle WP	28.79
8.	Jack Lee	15	Co Carlisle	31.18

EVENT 18 Girls 10 Yrs/Over 100m Freestyle

10 Yrs/Over - Full Results

Place	Name	AaD	Club	Time
1.	Becky Walley	14	Copeland	1:03.73
2.	Anna Broadbent	15	Cockermouth	1:04.73
3.	Amy Richardson	16	Co Carlisle	1:06.60
4.	Courtney Watson	14	Cockermouth	1:07.01
5.	Laura Marr	14	Copeland	1:07.08
6.	Shannon Mossop	15	Copeland	1:08.64
7.	Chelsea Atkinson	12	Cockermouth	1:09.74
8.	Amy Richardson	13	Troutbeck Br	1:10.03
9.	Emily Wild	13	Troutbeck Br	1:11.24
10.	Chloe Carr	12	Copeland	1:11.32
11.	Caitlin Wren	12	Barrow	1:12.47
12.	Lauren Coulson	11	Cockermouth	1:13.64
13.	Zara McKnight	11	Co Carlisle	1:13.68
14.	Laura Garrick	14	Troutbeck Br	1:13.92
15.	Amie Ivison	12	Workington	1:14.44
16.	Laura Davison	10	Co Carlisle	1:14.51



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17.	Isabel Postlethwaite	11	Cockermouth	1:15.30
18.	Phoebe Wilson	11	Co Carlisle	1:15.83
19.	Rebecca McMinn	11	Workington	1:16.20
20.	Connie Bowman	12	Co Carlisle	1:16.98
21.	Eve White	11	Co Carlisle	1:17.43
22.	Sophie Dodd	10	Co Carlisle	1:17.97
23.	Lucy-Jane Wilson	12	Carlisle WP	1:18.30
24.	Sophie Little	11	Workington	1:18.56
25.	Bethany Clark	13	Co Carlisle	1:18.75
26.	Emily Reay	10	Troutbeck Br	1:20.66
27.	Lois Carhart	11	Copeland	1:20.80
28.	Sarah Lightowler	11	Carlisle WP	1:21.54
29.	Annabelle McBratney	11	Barrow	1:21.57
30.	Hannah Messenger	11	Co Carlisle	1:22.18
31.	Samantha Kelleff	11	Copeland	1:22.85
32.	Alex Messenger	10	Copeland	1:26.04
33.	Jasmin Pritt	10	Workington	1:26.24
34.	Charlotte Stamper	10	Copeland	1:26.46
35.	Alyshia Gill	10	Co Carlisle	1:29.59

10 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1	Laura Davison	10	Co Carlisle	1:14.51
2	Sophie Dodd	10	Co Carlisle	1:17.97
3	Emily Reay	10	Troutbeck Br	1:20.66
4	Alex Messenger	10	Copeland	1:26.04
5	Jasmin Pritt	10	Workington	1:26.24
6	Charlotte Stamper	10	Copeland	1:26.46
7	Alyshia Gill	10	Co Carlisle	1:29.59

11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1	Lauren Coulson	11	Cockermouth	1:13.64
2	Zara McKnight	11	Co Carlisle	1:13.68
3	Isabel Postlethwaite	11	Cockermouth	1:15.30
4	Phoebe Wilson	11	Co Carlisle	1:15.83
5	Rebecca McMinn	11	Workington	1:16.20
6	Eve White	11	Co Carlisle	1:17.43
7	Sophie Little	11	Workington	1:18.56
8	Lois Carhart	11	Copeland	1:20.80
9	Sarah Lightowler	11	Carlisle WP	1:21.54
10	Annabelle McBratney	11	Barrow	1:21.57
11	Hannah Messenger	11	Co Carlisle	1:22.18
12	Samantha Kelleff	11	Copeland	1:22.85

12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1	Chelsea Atkinson	12	Cockermouth	1:09.74
2	Chloe Carr	12	Copeland	1:11.32
3	Caitlin Wren	12	Barrow	1:12.47
4	Amie Ivison	12	Workington	1:14.44
5	Connie Bowman	12	Co Carlisle	1:16.98
6	Lucy-Jane Wilson	12	Carlisle WP	1:18.30

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time
1	Amy Richardson	13	Troutbeck Br	1:10.03
2	Emily Wild	13	Troutbeck Br	1:11.24
3	Bethany Clark	13	Co Carlisle	1:18.75

14 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time
1	Becky Walley	14	Copeland	1:03.73
2	Anna Broadbent	15	Cockermouth	1:04.73
3	Amy Richardson	16	Co Carlisle	1:06.60
4	Courtney Watson	14	Cockermouth	1:07.01
5	Laura Marr	14	Copeland	1:07.08
6	Shannon Mossop	15	Copeland	1:08.64
7	Laura Garrick	14	Troutbeck Br	1:13.92

EVENT 19 Boys 09 Yrs/Over 200m Butterfly

09 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Charles McSkeane	12	Cockermouth	2:43.76	35.75	1:17.40	2:00.28
2.	Sam Routledge	14	Carlisle WP	2:50.18	35.84	1:19.31	2:04.62
3.	Andrew Robiinson	14	Carlisle WP	2:53.94	38.55	1:22.90	2:09.18
4.	Elliot Routledge	12	Workington	2:58.15	38.36	1:23.38	2:10.78
5.	Isaac Hinde	9	Copeland	3:18.23	39.89	1:33.02	2:27.58
6.	Robert McSkeane	10	Co Carlisle	3:24.17	43.58	1:37.65	2:33.08
7.	Connor Joyce	10	Workington	3:29.09	43.29	1:39.22	2:34.74
8.	Luke Ivison	9	Workington	3:33.92	46.68	1:41.94	2:39.60
9.	Ben Gilmore	10	Cockermouth	3:34.01	48.16	1:44.06	2:42.96

09 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Isaac Hinde	9	Copeland	3:18.23	39.89	1:33.02	2:27.58
2.	Luke Ivison	9	Workington	3:33.92	46.68	1:41.94	2:39.60

10 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Robert McSkeane	10	Co Carlisle	3:24.17	43.58	1:37.65	2:33.08
2.	Connor Joyce	10	Workington	3:29.09	43.29	1:39.22	2:34.74



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3. Ben Gilmore	10 Cockermouth	3:34.01	48.16	1:44.06	2:42.96
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12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Charles McSkeane	12	Cockermouth	2:43.76	35.75	1:17.40	2:00.28
2.	Elliot Routledge	12	Workington	2:58.15	38.36	1:23.38	2:10.78

14 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Sam Routledge	14	Carlisle WP	2:50.18	35.84	1:19.31	2:04.62
2.	Andrew Robinson	14	Carlisle WP	2:53.94	38.55	1:22.90	2:09.18

EVENT 20 Girls 09 Yrs/Over 100m IM

Full Results

Place	Name	AaD	Club	Time	50
1.	Anna Broadbent	15	Cockermouth	1:11.47	33.20
2.	Anna Newlands	12	Copeland	1:12.24	33.42
3.	Grace Newlands	16	Copeland	1:12.52	34.45
4.	Lucy McKenzie	13	Cockermouth	1:14.00	34.13
5.	Amy Richardson	16	Co Carlisle	1:15.66	35.24
6.	Becky Walley	14	Copeland	1:16.97	36.89
7.	Rebecca Clark	12	Cockermouth	1:17.00	34.90
8.	Olivia Williams	13	Troutbeck Br	1:19.12	36.72
9.	Laura Garrick	14	Troutbeck Br	1:21.12	37.81
10.	Chelsea Atkinson	12	Cockermouth	1:21.36	38.58
11.	Laura Marr	14	Copeland	1:21.90	38.27
12.	Shannon Mossop	15	Copeland	1:21.97	40.20
13.	Zara McKnight	11	Co Carlisle	1:22.93	40.25
14.	Chloe Carr	12	Copeland	1:24.44	39.07
15.	Eve White	11	Co Carlisle	1:24.68	38.03
16.	Isabel Postlethwaite	11	Cockermouth	1:25.38	41.32
17.	Lucy-Jane Wilson	12	Carlisle WP	1:25.94	39.40
18.	Caitlin Wren	12	Barrow	1:26.38	39.29
19.	Sophie Little	11	Workington	1:26.59	40.42
20.	Laura Davison	10	Co Carlisle	1:26.85	41.62
21.	Rebecca Lightowler	13	Carlisle WP	1:26.94	42.17
22.	Amie Ivison	12	Workington	1:27.35	41.78
23.	Connie Bowman	12	Co Carlisle	1:27.46	41.97
24.	Rachael Vatter	13	Cockermouth	1:27.69	41.30
25.	Phoebe Wilson	11	Co Carlisle	1:27.90	43.23
26.	Amy Reay	12	Troutbeck Br	1:29.10	42.17
27.	Bethany Clark	13	Co Carlisle	1:29.13	41.15
28.	Lauren Cooley	9	Cockermouth	1:30.17	42.84
29.	Annabelle McBratney	11	Barrow	1:30.62	43.72
30.	Elinor Southward	9	Copeland	1:30.87	42.79
31.	Hannah Messenger	11	Co Carlisle	1:31.98	43.42
32.	Jasmin Pritt	10	Workington	1:32.08	43.17
33.	Emily Reay	10	Troutbeck Br	1:33.21	42.19
34.	Samantha Kellett	11	Copeland	1:34.03	42.65
35.	Sophie Dodd	10	Co Carlisle	1:34.96	45.34
36.	Lucy Bradbury	11	Troutbeck Br	1:35.23	42.37
37.	Abbie Wild	11	Troutbeck Br	1:35.34	43.51
38.	Alyshia Gill	10	Co Carlisle	1:38.62	47.42
39.	Charlotte Stamper	10	Copeland	1:38.69	46.93
40.	Alex Messenger	10	Copeland	1:41.68	47.95
41.	Samantha Clark	9	Co Carlisle	1:53.65	53.02
	Lauren Coulson	11	Cockermouth	DQ T-2L	

EVENT 21 Boys 11 Yrs/Over 100m Backstroke

Full Results

Place	Name	AaD	Club	Time	50
1.	Luke Greenbank	13	Cockermouth	1:07.00	32.42
2.	Jack Barker	15	Co Carlisle	1:09.29	33.09
3.	Alistair Campbell	14	Co Carlisle	1:09.40	33.01
4.	Thomas Millburn	13	Cockermouth	1:09.68	33.05
5.	Ryan Wilkie	16	Carlisle WP	1:11.60	34.95
6.	Richard Stamper	13	Copeland	1:14.76	36.36
7.	Jack Lee	15	Co Carlisle	1:16.83	37.35
8.	Andrew Mullins	12	Co Carlisle	1:17.13	37.41
9.	Elliot Routledge	12	Workington	1:17.56	38.02
10.	Owen Walker	12	Carlisle WP	1:22.00	40.16
11.	Benjamin Cornwall	12	Co Carlisle	1:24.66	40.89
12.	Edward Baxter	12	Cockermouth	1:25.27	41.66
13.	Jordan Cooley	11	Cockermouth	1:25.82	41.55
14.	Daniel Rhys Armstrong	11	Troutbeck Br	1:30.70	43.76
15.	Josh Russell	12	Co Carlisle	1:31.18	43.94
	Sam Routledge	14	Carlisle WP	DNC	
	Andrew Robinson	14	Carlisle WP	DNC	

EVENT 22 Girls 09 Yrs/Over 200m Freestyle

09 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Becky Walley	14	Copeland	2:19.00	31.89	1:07.37	1:43.85



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2.	Courtney Watson	14	Cockermouth	2:21.10	32.85	1:09.11	1:45.70
3.	Grace Newlands	16	Copeland	2:21.27	33.74	1:09.70	1:45.93
4.	Rebecca Clark	12	Cockermouth	2:26.65	33.99	1:11.25	1:49.00
5.	Laura Marr	14	Copeland	2:29.56	35.13	1:12.73	1:51.77
6.	Chelsea Atkinson	12	Cockermouth	2:33.92	35.43	1:14.42	1:55.01
7.	Emily Wild	13	Troutbeck Br	2:36.78	36.92	1:17.43	1:57.86
8.	Amie Ivison	12	Workington	2:38.06	37.31	1:18.33	1:59.82
9.	Zara McKnight	11	Co Carlisle	2:40.44	37.04	1:17.89	1:59.87
10.	Chloe Carr	12	Copeland	2:40.51	38.26	1:19.34	2:01.71
11.	Sophie Dodd	10	Co Carlisle	2:40.59	38.15	1:19.95	2:02.68
12.	Laura Garrick	14	Troutbeck Br	2:40.90	37.07	1:17.73	1:59.43
13.	Amy Richardson	13	Troutbeck Br	2:41.57	38.11	1:20.80	2:02.63
14.	Isabel Postlethwaite	11	Cockermouth	2:42.91	37.65	1:19.88	2:02.54
15.	Rachael Vatter	13	Cockermouth	2:44.61	37.82	1:20.67	2:04.54
16.	Rebecca McMinn	11	Workington	2:44.98	37.38	1:19.77	2:02.97
17.	Caitlin Wren	12	Barrow	2:45.47	38.35	1:21.14	2:04.54
18.	Lucy-Jane Wilson	12	Carlisle WP	2:46.37	37.97	1:20.73	2:04.80
19.	Phoebe Wilson	11	Co Carlisle	2:48.55	38.69	1:22.09	2:06.60
20.	Lauren Coulson	11	Cockermouth	2:48.96	38.71	1:23.04	2:06.93
21.	Connie Bowman	12	Co Carlisle	2:50.93	39.00	1:23.77	2:08.08
22.	Sophie Little	11	Workington	2:55.52	40.00	1:23.96	2:09.70
23.	Hannah Messenger	11	Co Carlisle	2:56.84	42.69	1:28.04	2:13.91
24.	Elinor Southward	9	Copeland	2:57.29	39.80	1:26.77	2:12.77
25.	Lauren Cooley	9	Cockermouth	2:57.92	39.66	1:25.67	2:13.43
26.	Emily Reay	10	Troutbeck Br	2:59.45	40.03	1:28.73	2:16.66
27.	Samantha Kellelt	11	Copeland	3:00.26	42.57	1:30.45	2:16.87
28.	Alex Messenger	10	Copeland	3:02.83	42.56	1:30.14	2:17.65
29.	Charlotte Stamper	10	Copeland	3:13.72	44.21	1:36.43	2:25.66
30.	Alyshia Gill	10	Co Carlisle	3:15.53	46.44	1:39.07	2:29.32

09 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Elinor Southward	9	Copeland	2:57.29	39.80	1:26.77	2:12.77
2.	Lauren Cooley	9	Cockermouth	2:57.92	39.66	1:25.67	2:13.43

10 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Sophie Dodd	10	Co Carlisle	2:40.59	38.15	1:19.95	2:02.68
2.	Emily Reay	10	Troutbeck Br	2:59.45	40.03	1:28.73	2:16.66
3.	Alex Messenger	10	Copeland	3:02.83	42.56	1:30.14	2:17.65
4.	Charlotte Stamper	10	Copeland	3:13.72	44.21	1:36.43	2:25.66
5.	Alyshia Gill	10	Co Carlisle	3:15.53	46.44	1:39.07	2:29.32

11 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Zara McKnight	11	Co Carlisle	2:40.44	37.04	1:17.89	1:59.87
2.	Isabel Postlethwaite	11	Cockermouth	2:42.91	37.65	1:19.88	2:02.54
3.	Rebecca McMinn	11	Workington	2:44.98	37.38	1:19.77	2:02.97
4.	Phoebe Wilson	11	Co Carlisle	2:48.55	38.69	1:22.09	2:06.60
5.	Lauren Coulson	11	Cockermouth	2:48.96	38.71	1:23.04	2:06.93
6.	Sophie Little	11	Workington	2:55.52	40.00	1:23.96	2:09.70
7.	Hannah Messenger	11	Co Carlisle	2:56.84	42.69	1:28.04	2:13.91
8.	Samantha Kellelt	11	Copeland	3:00.26	42.57	1:30.45	2:16.87

12 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Rebecca Clark	12	Cockermouth	2:26.65	33.99	1:11.25	1:49.00
2.	Chelsea Atkinson	12	Cockermouth	2:33.92	35.43	1:14.42	1:55.01
3.	Amie Ivison	12	Workington	2:38.06	37.31	1:18.33	1:59.82
4.	Chloe Carr	12	Copeland	2:40.51	38.26	1:19.34	2:01.71
5.	Caitlin Wren	12	Barrow	2:45.47	38.35	1:21.14	2:04.54
6.	Lucy-Jane Wilson	12	Carlisle WP	2:46.37	37.97	1:20.73	2:04.80
7.	Connie Bowman	12	Co Carlisle	2:50.93	39.00	1:23.77	2:08.08

13 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Emily Wild	13	Troutbeck Br	2:36.78	36.92	1:17.43	1:57.86
2.	Amy Richardson	13	Troutbeck Br	2:41.57	38.11	1:20.80	2:02.63
3.	Rachael Vatter	13	Cockermouth	2:44.61	37.82	1:20.67	2:04.54

14 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Becky Walley	14	Copeland	2:19.00	31.89	1:07.37	1:43.85
2.	Courtney Watson	14	Cockermouth	2:21.10	32.85	1:09.11	1:45.70
3.	Grace Newlands	16	Copeland	2:21.27	33.74	1:09.70	1:45.93
4.	Laura Marr	14	Copeland	2:29.56	35.13	1:12.73	1:51.77
5.	Laura Garrick	14	Troutbeck Br	2:40.90	37.07	1:17.73	1:59.43

EVENT 23 SEMI FINAL OF EVENT 7 Mixed 9 Yrs/Over 200m Medley Team

Full Results

Place	Name	Time	50	100	150
1.	Cockermouth D	2:14.68	33.51	1:11.59	1:45.01
2.	Cockermouth A	2:16.26	31.94	1:13.50	1:44.40
3.	Copeland F	2:17.29	35.16	1:11.69	1:44.84
4.	City of Carlisle A	2:17.58	39.76	1:12.44	1:50.44
5.	City of Carlisle D	2:20.03	34.20	1:14.44	1:48.28
6.	Cockermouth B	2:21.78	33.09	1:13.23	1:47.13
7.	Cockermouth E	2:24.08	31.76	1:16.59	1:47.74
8.	Copeland E	2:27.93	38.97	1:18.72	1:57.41
9.	Carlisle Water Polo C	2:28.81	34.72	1:19.58	1:53.39
10.	Cockermouth F	2:29.36	43.91	1:18.56	2:00.68



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11. Cockermouth G	2:32.64	39.30	1:17.28	1:59.46
12. Troutbeck Bridge A	2:41.42	38.56	1:24.68	2:06.17

EVENT 24 SEMI FINAL OF EVENT 20 Girls 09 Yrs/Over 100m IM

Full Results

Place	Name	AaD	Club	Time	50
1.	Anna Broadbent	15	Cockermouth	1:13.50	33.87
2.	Lucy McKenzie	13	Cockermouth	1:14.24	35.27
3.	Anna Newlands	12	Copeland	1:14.80	34.91
4.	Amy Richardson	16	Co Carlisle	1:14.97	35.37
5.	Grace Newlands	16	Copeland	1:15.35	36.14
6.	Shannon Mossop	15	Copeland	1:21.05	40.84
7.	Olivia Williams	13	Troutbeck Br	1:21.48	38.64
8.	Laura Marr	14	Copeland	1:21.92	38.67
9.	Rebecca Clark	12	Cockermouth	1:21.96	37.57
10.	Chelsea Atkinson	12	Cockermouth	1:23.21	39.00
11.	Laura Garrick	14	Troutbeck Br	1:27.76	40.64
12.	Zara McKnight	11	Co Carlisle	1:28.22	41.22

EVENT 25 SEMI FINAL OF EVENT 21 Boys 11 Yrs/Over 100m Backstroke

Full Results

Place	Name	AaD	Club	Time	50
1.	Luke Greenbank	13	Cockermouth	1:07.44	32.86
2.	Jack Barker	15	Co Carlisle	1:08.96	33.57
3.	Thomas Millburn	13	Cockermouth	1:09.43	33.71
4.	Alistair Campbell	14	Co Carlisle	1:10.95	33.98
5.	Richard Stamper	13	Copeland	1:15.25	36.89
6.	Jack Lee	15	Co Carlisle	1:16.42	36.81
7.	Elliot Routledge	12	Workington	1:16.51	37.14
8.	Owen Walker	12	Carlisle WP	1:20.46	39.42
9.	Andrew Mullins	12	Co Carlisle	1:20.57	38.98
10.	Jordan Cooley	11	Cockermouth	1:25.21	41.15
11.	Benjamin Cornwall	12	Co Carlisle	1:25.39	40.97
12.	Edward Baxter	12	Cockermouth	1:25.56	42.97

EVENT 26 SEMI FINAL OF EVENT 18 Girls 10 Yrs/Over 100m Freestyle

Full Results

Place	Name	AaD	Club	Time	50
1.	Anna Broadbent	15	Cockermouth	1:06.13	31.89
2.	Becky Walley	14	Copeland	1:07.31	32.42
3.	Amy Richardson	16	Co Carlisle	1:08.22	32.82
4.	Shannon Mossop	15	Copeland	1:09.01	33.10
5.	Courtney Watson	14	Cockermouth	1:09.08	33.68
6.	Amy Richardson	13	Troutbeck Br	1:11.05	34.01
7.	Chelsea Atkinson	12	Cockermouth	1:12.13	35.20
8.	Laura Marr	14	Copeland	1:12.48	34.37
9.	Emily Wild	13	Troutbeck Br	1:13.10	34.70
10.	Chloe Carr	12	Copeland	1:13.23	35.31
11.	Caitlin Wren	12	Barrow	1:13.66	36.01
12.	Lauren Coulson	11	Cockermouth	1:19.50	36.81

EVENT 27 FINAL OF EVENT 19 Boys 09 Yrs/Over 200m Butterfly

Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Sam Routledge	14	Carlisle WP	2:37.42	34.66	1:14.88	1:56.00
2.	Andrew Robiinson	14	Carlisle WP	2:43.09	35.12	1:15.86	1:58.90
3.	Elliot Routledge	12	Workington	2:52.58	37.61	1:22.53	2:09.01
4.	Charles McSkeane	12	Cockermouth	2:53.63	38.28	1:23.68	2:11.15
5.	Isaac Hinde	9	Copeland	3:23.28	42.47	1:36.88	2:32.44
6.	Robert McSkeane	10	Cockermouth	3:31.58	45.99	1:41.60	2:37.78

EVENT 28 FINAL OF EVENT 22 Girls 09 Yrs/Over 200m Freestyle

Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Becky Walley	14	Copeland	2:19.15	32.45	1:08.20	1:44.26
2.	Courtney Watson	14	Cockermouth	2:20.70	33.44	1:09.02	1:45.54
3.	Rebecca Clark	12	Cockermouth	2:32.92	35.61	1:14.77	1:54.85
4.	Laura Marr	14	Copeland	2:35.85	35.31	1:14.89	1:55.48
5.	Emily Wild	13	Troutbeck Br	2:36.94	35.79	1:15.76	1:57.00
6.	Chelsea Atkinson	12	Cockermouth	2:42.55	37.59	1:18.34	2:00.91

EVENT 29 FINAL OF EVENT 25 Boys 11 Yrs/Over 100m Backstroke

Full Results

Place	Name	AaD	Club	Time	50
1.	Luke Greenbank	13	Cockermouth	1:04.26	31.41
2.	Jack Barker	15	Co Carlisle	1:06.49	32.05
3.	Thomas Millburn	13	Cockermouth	1:08.52	33.07
4.	Alistair Campbell	14	Co Carlisle	1:14.00	34.93
5.	Richard Stamper	13	Copeland	1:15.50	36.74
6.	Jack Lee	15	Co Carlisle	1:17.62	37.80



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EVENT 30 FINAL OF EVENT 24 Girls 09 Yrs/Over 100m IM

Full Results

Place	Name	AaD	Club	Time	50
1.	Anna Broadbent	15	Cockermouth	1:09.67	32.76
2.	Lucy McKenzie	13	Cockermouth	1:11.62	33.86
3.	Anna Newlands	12	Copeland	1:12.34	33.45
4.	Grace Newlands	16	Copeland	1:14.33	35.84
5.	Amy Richardson	16	Co Carlisle	1:17.54	36.15
6.	Shannon Mossop	15	Copeland	1:21.75	39.51

EVENT 31 FINAL OF EVENT 17 Boys 09 Yrs/Over 50m Freestyle

Full Results

Place	Name	AaD	Club	Time
1.	Jack Barker	15	Co Carlisle	26.40
2.	Andrew Coulthard	26	Cockermouth	26.62
3.	Sam Routledge	14	Carlisle WP	27.11
4.	Ryan Wilkie	16	Carlisle WP	28.04
5.	Scott Bailey	14	Copeland	28.17
6.	Alistair Campbell	14	Co Carlisle	29.21

EVENT 32 FINAL OF EVENT 26 Girls 10 Yrs/Over 100m Freestyle

Full Results

Place	Name	AaD	Club	Time	50
1.	Anna Broadbent	15	Cockermouth	1:04.38	31.46
2.	Becky Walley	14	Copeland	1:04.42	31.45
3.	Courtney Watson	14	Cockermouth	1:09.80	33.75
4.	Amy Richardson	13	Troutbeck Br	1:11.15	34.39
5.	Shannon Mossop	15	Copeland	1:11.40	34.53
6.	Amy Richardson	16	Co Carlisle	1:11.81	33.70

EVENT 33 FINAL OF EVENT 23 Mixed 9 Yrs/Over 200m Medley Team

Full Results

Place	Name	Time	50	100	150
1.	Cockermouth D	2:12.72	33.54	1:10.67	1:43.40
2.	Copeland F	2:12.73	34.77	1:11.80	1:44.05
3.	Cockermouth A	2:18.53	31.60	1:14.84	1:45.23
4.	City of Carlisle A	2:19.16	40.65	1:14.17	1:51.63
5.	City of Carlisle D	2:24.57	35.14	1:16.90	1:55.51
6.	Cockermouth B	2:25.37	34.73	1:15.16	1:50.67
