



Copeland Amateur Swimming Club Registered Charity Number: 1103769

Swimmers from Copeland ASC participated in the Cumbria Age Groups Team & Distance events at Carlisle pool on Saturday 26 February. All swimmers performed well against stiff opposition with the following successes:

2nd places in both the Women's 16 yrs & under 200m Medley Relay and 200m Freestyle Relay were the team of Becky Walley, Grace Newlands, Lauren Graham & Shannan Mossop. The girls were awarded with County Badges and Championship Medals.

The following successes were rewarded with County Badges:

3rd Place in both the 13/14 Yr old Girls 200m Medley Relay and 200m Freestyle Relay were the team of Becky Walley, Lauren Graham, Alex Graham & Rebecca Telford

2nd Place in the 13/14 Yr Old Girls 800m Freestyle: Becky Walley

3rd Place in the 11/12 Yr Old Girls 800m Freestyle: Chloe Carr.

2nd Place in the 9/10 Yr old girls 200m Medley Relay were the team of Ellie Southward, Alex Messenger, Charlotte Stamper & Amy Cowan.

2nd Place in the 9/10 Yr old girls 200m Freestyle Relay were the team of Ellie Southward, Alex Messenger, Charlotte Stamper & Abbie Johnstone.

3rd Place in the 9/10 Yr old Boys 200m Freestyle were the team of Isaac Hinde, Jack Kellett, Adam Metcalf & Oscar Craig.

Some of the Copeland swimmers who took part in this event are pictured (see photograph).

The Cumbria County Age Groups and Championships continue over the weekends of March 19 & 20 at Copeland pool and the weekend of 26 & 27 March at Kendal Leisure Centre pool.

The swimmers of Copeland ASC recently held an election to appoint a Boys and Girls Captain for 2011. The winners were the popular choices of 18 Year old Courtney Mossop and 14 Year old Scott Bailey. Courtney and Scott are pictured (see club Captain's photograph).