



Copeland Amateur Swimming Club

Swimmers from Copeland ASC were in action at the 2011 Cumbria County Age Groups and Championships over the weekends of 19/20 March and 26/27 March. The club finished a respectable fourth place in both the Tommy Hatch Trophy and the Cumbria Trophy.

A total of 133 personal best times were achieved by Copeland swimmers during this year's Championships : Scott Bailey (10), Lois Carhart (4), Chloe Carr (10), Amy Slee-Cowan (2), Alex Graham (6), Lauren Graham (6), Isaac Hinde (8), Jack Kellett (8), Sam Kellett (6), Alex Messenger (10), Adam Metcalf (5), Courtney Mossop (1), Shannon Mossop (4), Anna Newlands (14), Grace Newlands (1), Ellinor Southward (10), Charlotte Stamper (10), Richard Stamper (7), Becky Walley (11).

The following Individual positions were achieved in the British Age Groups Categories (BAGCats):

9Yr old Girls: 1 st Ellinor Southward 8 th Amy Slee-Cowan 20 th Mary Wake	15 Yr old Girls: 6 th Shannon Mossop 16 Yr/over Girls: 4 th Grace Newlands 7 th Courtney Mossop
10 yr old Girls: 5 th Alex Messenger 6 th Charlotte Stamper 15 th Abbie Johnstone	9Yr old Boys: 2 nd Jack Kellett 3 rd Adam Metcalf
12 Yr old Girls: 5 th Chloe Carr 14 th Sam Kellett 20 th Lois Carhart	10 Yr old Boys: 2 nd Isaac Hinde 11Yr old Boys: 17 th Jack Todhunter
13 Yr old Girls: 2 nd Anna Newlands 15 th Alex Graham	13 Yr old Boys: 5 th Richard Stamper 14 Yr old Boys: 4 th Scott Bailey
14 Yr old Girls: 1 st Becky Walley 6 th Lauren Graham	

Age Group County Records were achieved by 9 year old Ellinor Southward and 13 year old Anna Newlands. Ellinor set a new 9 yr old girls county age group record in the 50m Freestyle, where she broke the old record in the heat and then broke her own new record in the final, setting the new age group record at 33.66 seconds. She also set a new record of 1:25.82 in the 100m Individual Medley. Not to be outdone by the new kid on the block, Anna set two new 13 yr old girls county age group records, first in the 100m Butterfly with a time of 1:05.81 and then in the 200m Butterfly with a time of 2:26.01

Grace Newlands took the Senior and Junior 100m Breaststroke titles this year with sister Anna taking the Senior 50m Freestyle title.

Becky Walley (14) and Grace Newlands (16) also did the club proud by achieving qualifying times for the ASANWR Youth Championships to be held at Liverpool at the end of April. Becky has qualified for the 50m, 100m & 200m Freestyle events as well as the 50m & 200m Breast stroke and the 200m Individual Medley, while Grace has qualified for the 50m, 100m & 200m Breaststroke and the 200m Individual Medley.