Copeland Amateur Swimming Club

Copeland Swimmers in the 9 to 11 year categories competed in the first round of the Cumbria Diddy League at Workington on Saturday 9 April. These events are a fun way of introducing young swimmers to competitive swimming in a friendly team environment. The format incorporates mostly team relay events with 50 m sprint events for the 10 & 11 year old age groups.

The Copeland Team competed very well finishing only four points behind the host club Workington who were second to the City of Carlisle team. The Copeland squad were:

Alex Messenger, Charlotte Stamper , Abbie Johnstone, Joanna Carnall, Amy Cowan, Danielle Crellin, Niamh Peers, Rebecca Wilson, Mary Wake, Lucy Stephenson, Ellinor Southward, Molly Gunn, Neve Richardson, Shantel Crellin, Adam Baker, Joe Graham, Jack Todhunter, Jack Fulton, Isaac Hinde, Jack Kellett, Oscar Craig, Frank Haile, Luke Jackson & Zach Singleton.

The next round will be held on Saturday 14 May, with the venue yet to be announced.

Swimmers between the ages of 9 & 12 will be competing at the annual Copeland Griffin Gala on Saturday 18 June, which is a fast moving sprint gala. This is a very popular gala and all spectators will be most welcome. Session start times will be posted on the Copeland ASA website and on the Copeland ASC notice board at Copeland pool.

If there's a budding young swimmer in your household, why not bring them along for an assessment on the first Wednesday of the month at 19:30. This is a regular monthly assessment session where any standard of swimmer will be assessed, including beginners for the 'Learn to swim' scheme. Swimming can be great fun and a great way to stay fit, so we look forward to seeing you and your children.