



Copeland Amateur Swimming Club

Copeland Amateur Swimming Club hosted their annual friendly Diddy Gala on Saturday 5 February 2011, which is an excellent opportunity for young swimmers to get a taste of competitive swimming in a friendly team environment. Young swimmers between the ages of 9 and 11 representing 4 of the county's swimming clubs competed in a series of sprint relays and individual sprint races. The winning team were City of Carlisle for the second year running, second and only three points behind Carlisle were Ulverston, third were Copeland and fourth were Workington.

This event has become a calendar favourite as a build up to the Cumbria Diddy Gala Series that runs from March to October each year. Last year Copeland won the 'B' final at Kendal and finished 5th in the county overall in the Grand Final at Carlisle. This season's league fixtures start on 9 April with a gala to be contested between 4 clubs at neighbouring Workington ASC.