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| --- | --- | --- | --- | --- | --- |
| SUNDAY LTS | Session 114.00 Big Pool | Session 214.00 Small Pool | Session 314:30 Big Pool | Session 414.30 Small Pool |  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
| SQUAD | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
| S | 05:45 – 06:50  | 05:45 – 06:50  | 05:45 – 06:50  |   | 19:30 – 21:00  | 05:45 – 06:50  | 19:00 – 21:00 |  | 06:45 – 08:20  | 14.00 – 16.00 |
| E | 05:45 – 06:50  | 05:45 – 06:50  | 05:45 – 06:50  |   | 19:30 – 21:00  | 05:45 – 06:50  | 19:00 – 21:00 |  | 06:45 – 08:20  | 14.00 – 16.00 |
| A | 05:45 – 06:50  | 05:45 – 06:50  | 05:45 – 06:50  |   | 19:30 – 21:00  | 05:45 – 06:50  | 19:00 – 21:00 |  | 06:45 – 08:20  |   | 15.00 – 16.00 |
| B1 |   | 05:45 – 06:50  | 05:45 – 06:50  |   | 20:00 – 21:00  | 05:45 – 06:50  | 19:00 – 21:00 |  | 06:45 – 08:20  |   | 15.00 – 16,00 |
| B2 | 05:45 – 06:50  |  | 05:45 – 06:50   |   | 20:00 – 21:00 | 05:45 – 06:50   | 19:00 – 21:00 |  | 06:45 – 08:20  |   | 15.00 – 16.00 |
| C | 05:45 – 06:50  | 05:45 – 06:50  |   |  | 20:00 – 21:00 |   | 20:00 – 21:00 |  |   | 14.00 – 14.50 |   |
| D | 05:45 – 06:50  |  |   | 19:00 – 19:50 |   |   | 19:00 – 20:00  |  |   | 14.00 - 14.50 |   |
| LTS |   |   |   | 19:00 – 19:30 |   |   |   |  |   |   |   |
|  |  |  |  |  |  |  |  |  |  |  |  |